

BLUFF HEIGHTS QUARTERLY

Neighborhood News Delivered Right to Your Door!

Spring 2009

Spring Neighborhood Forum:

GARDEN OF EATING

Return of the Backyard Garden

-- April 25 --

HOME BEAUTIFICATION AWARD WINNERS



226 Orizaba Ave.



304 Obispo Ave.



238 Orizaba Ave.



BHNA PRESIDENT'S MESSAGE

John Thomas, BHNA President

Recently, I attended a regional meeting of community groups and neighborhood associations. Board members were invited to come and share ideas, challenges and solutions of typical issues found in neighborhoods. I was pleased to find that BHNA has relatively few issues compared to many communities and neighborhoods in the area. One concept that was endorsed and shared by those in attendance was that the role of the neighborhood association is paramount to the stabilization of the community. Three main priority areas I would like to address are Education; Public safety and our Historic District.

Education: Like BHNA, the neighborhood association remains one of the most important conduits for successful communication of issues to the residents. Working with City officials including elected officials, BHNA continues to alert residents of potential or real threats that could destabilize the neighborhood. BHNA members can receive email alerts, information via our newsletter and regular postings on our web site.

Public Safety: BHNA continues to monitor police reports and statistics to alert members and residents of potential crime trends and ongoing police enforcement challenges. Our Board regularly attends the community policing meetings to stay on top of concerns and seek additional patrols as needed. Additionally, BHNA has been successful in helping area residents identify

“speed zones” and work with the Police and Traffic Departments to apply mitigation measures to stem the speeders through our neighborhood. We need to continue to seek your input to address this ongoing matter. Given the current economic climate, we will continue to monitor home and auto burglaries, abandoned properties and other code enforcement/property maintenance issues.

Historic District (HD) Status: As you know the BHNA is also a historic district. The BHNA is very fortunate to maintain the status of an HD. Properties within our district are required to obtain Certificates of Appropriateness for major work including remodels and additions. Minor work such as painting and reroofing also require approvals by the Planning Department. We recommend you become familiar with the scope work that requires city approvals by contacting the Historic Preservation Office or going online to the City’s website. Buy maintaining our historic district status, we will maintain the wonderful charm of our neighborhood and continue to be a great destination for residents like you!

The BHNA is only as strong and productive as our neighborhood. We continue to reach out to our residents for information and concerns. However, we must have the ongoing support of our neighborhood residents via paid memberships to the BHNA. Please renew your memberships when notified and encourage your friends and neighbors to join.



Important Phone Numbers

Emergency	911
Police Non-Emergency	435-6711
Airport Noise Abatement	570-2678
Animal Control	570-PETS
Apartment Watch	570-7160
Business Watch	570-7274
BHNA	439-BHNA
Bob Foster (Mayor)	570-6801
City of Long Beach Info.	570-6555
City Council (District 3)	570-6310
Code Enforcement	570-CODE
Fire Prevention	570-2560
Gang Hotline	(866) 426-4847
Gary DeLong (Dist. 3)	570-6300
Gas Emergency	570-2140
Graffiti Hot Line	570-2773
Hate Crimes/Human Dignity	570-6948
Health Department	570-4000
Historic Preservation Office	570-6194
Housing Rehabilitation Loans	570-6808
Narcotics Tip Line	570-7125
Neighborhood Watch	570-7229
Noise Abatement	570-4126
Public Works	570-6383
Sidewalk Hot Line	570-6264
Shopping Cart Hot Line	(800) 252-4613
Special Refuse Pick-ups	570-2876
Street Lights	983-2000
Street Potholes Hot Line	570-3259
Suja Lowenthal (Dist. 2)	570-6684
Street Sweeping	570-2890
Tree Trimming	570-2700
Water Emergency	570-2300
Community Hospital	498-1000

All telephone numbers are area code (562) unless otherwise listed.

ON A SAD NOTE

Long-time Bluff Heights Neighborhood friend and supporter Mark Estrada has passed away. You will remember Mark as the “go-to guy” at B & B Hardware when we needed vintage hardware or windows. He also participated in last year’s April Neighborhood Forum Panel of Experts on home restoration. As well, Mark was instrumental in getting our individual home Historic Plaque program initiated. He will be greatly missed.

Bluff Heights Quarterly Volunteers

- ◆ Advertiser Sales: Dale Maul
- ◆ Copy Proofing: George Edinger
- ◆ Web Site: ZephyrGraphics.com
- ◆ Newsletter Layout: Claire Atkinson

YARD FARMER

WE PLANT IT. WE GROW IT. YOU EAT IT.



WWW.THEYARDFARMER.COM
562 256 4888



Caitlin Crest
562-438-9330
www.ZephyrGraphics.com

Our service will blow you away!

Your Neighborhood
Graphic & Web Designer

NEIGHBORHOOD FORUM — SATURDAY, APRIL 25, 10 A.M.

“Garden of Eating” - a special outdoor fundraising event focusing on the return of the backyard vegetable garden

During these challenging economic times, people are taking stock of their lives and re-evaluating how they live and what is important in life. We've all been on a rollercoaster ride of fast living and fast-food. Newspapers are full of gloom and doom. Fortunately, there is light at the end of the tunnel. The good news is that the current “Recession” has sounded the alarm for action, and a return to the fundamentals needed for a strong and solid life. In the early 1900's, when our Bluff Heights' neighborhood was established, everyone had a “cottage garden,” where they grew vegetables, herbs, berries and raised beautiful citrus trees. It was not a trend, but instead, it was a necessity of daily existence. Interestingly, it has now become fashionable, and “healthy” to sow your own garden. What a treat to stroll your yard while picking your evening salad of lettuce, tomatoes, cucumbers, radishes and green beans — all fresh and all organic.

Sounds good; doesn't it? Yes, it does; however, not everyone has the space or the knowledge on how to plant such a wonderful and rewarding garden. Well, as a fundraising portion of our April 25th Bluff Heights Neighborhood Forum, you'll have the chance to get down and dirty with our expert in planning and planting backyard gardens. You will learn

that gardens can be in the ground, above the ground or in a container, and that living in a house, condo or apartment should not restrict anyone from having their own time in the sun.

James de Boer, founder of the Yard Farmer company, will demonstrate how a cottage garden can be cultivated in a large redwood planter box, and afterwards, the completed garden box will be donated to Horace Mann Elementary School for the wonderment and education of their students. How is that for a Win-Win-Win situation for all who attend this very special event!

We invite all Bluff Heights neighbors and friends to join us on Saturday, April 25, at the Horace Mann Elementary School Auditorium and Schoolyard to participate in our special “Garden of Eating” event by making your own mini-garden in a box, so dress accordingly. Also, our program will include a local chef who will talk about the Slow Food movement of cooking with organic, fresh, local and seasonal ingredients. We will complete the circle by discussing ways in which recycling can help both you and your community! From compost to plastic bottles, you can be part of the solution! Bring your old, outdated electronic equipment for recycling. If the White House can do it, so can the hardy residents of Bluff Heights!



SCHEDULE OF EVENTS

10 a.m. - Bluff Heights Neighborhood Forum located in Mann Auditorium
Discussion of Neighborhood current Events and Issues
Annual Presentation of Bluff Heights Home Beautification Awards

Special Garden and Tasting Event
Suggested donation: \$10.00 per person, if purchased through our Website at: www.BluffHeights.org or \$15.00 per person on day of the event. Proceeds to benefit Horace Mann School.

11 a.m. - Cooking Fresh and Seasonally / Recycling

12 a.m. - Garden Box Demonstration

1 p.m. - Plant Your own Garden Box

1 - 2 p.m. - Taste of Broadway – local restaurants provide Mini-Bites of their house Specialties

2 - 3 p.m. - Tour of an Organic Garden

Door prizes and raffle!

SHELIN :: HOMECRAFT

Design and Fabrication
Garden Gates ~ Fences ~ Decks ~ Pergolas ~ Screen Doors

Lee F. Schelin
562.833.2430
LSchelin@charter.net

CA License 873794

Gentle Expert Care!

Free Food Program!

\$5.00 off First Visit*

Grooming Food Supplies

LaunderPet
www.launderpets.com

Belmont Heights • 3429 E. Broadway • Long Beach • 562-433-3605
Seal Beach • 318 Main Street • Seal Beach • 562-430-7196
Bixby Knolls • 4102 Orange Ave. #113 • Long Beach • 562-427-2551

Products & services vary by location - call for info. *Grooming - new customers only - \$25 min.

A TRADITION OF SELLING BLUFF HEIGHTS

Visit www.BluffHeights.com to visit all homes listed for sale in Long Beach and near-by cities

Carmela Etgar
562-505-7117, etgar@gte.net



Paradise Piano Bar & Restaurant

*A Fine Dining Experience
with Great Nightly
Entertainment*

*Proudly featuring
the Menu of
Executive Chef
Veronica Organista*

*Brunch Served
Saturday & Sunday
10 am to 2 pm*

*1800 E. Broadway, Long Beach
Reservations: 562-590-8773
www.paradisepianobar.com*

4TH OF JULY BLOCK PARTY

The 4th of July is just around the corner, and it is time to start planning for the Annual 4th of July Block Party on Vista. The Bluff Heights Neighborhood Association is requesting your help to make it happen.

Corporate/Business/Personal Sponsors

Gold Sponsorship: \$500

- 2x8 banner on sponsored booth with your logo.

- Your company name listed on banner in BHNA tent

- Free 1/2-page ad in our summer newsletter

Silver Sponsorship: \$250

- Your company name listed on banner in BHNA tent

- Free 1/4-page ad in our summer newsletter

Bronze Sponsorship: \$100

- Your company name listed on banner in BHNA tent

Personal Sponsorship: \$30.00 & up

- 1 year free membership or renewal to BHNA

Volunteers

If you would like to volunteer one or two hours of your time at this years block party, please give us a call and let us know.

We have 100 hours to fill and could use your help for this great cause. Please contact George Edinger, BHNA vice president, at (562) 310-2754.



a furniture, lighting, and accessories boutique

3237 E. Broadway Ave. - at the corner of Broadway and Coronado
www.SashasLivingWithStyle.com

Repair Your Windows! Don't Replace Them!

We Specialize in Older & Vintage Homes

WINDOW RESTORATION & REPAIR



(562) 493-1590

Local References Available

Repairing Windows is all we do!

www.window-restoration-repair.com

A NEW YEAR, A NEW WAY OF EXPERIENCING HOME

By Sasha Witte

If 2008 was about reassessing how we spend money as members of our American consumer society, than 2009 can be about learning to live better with less! Even for friends I know whose jobs have been unaffected by the current economic climate, I watch them evaluating more carefully than ever before, the way they spend their discretionary income.

With all that's been in the news of late, I understand their thoughtfulness.

I have collected here a list of ways I believe we can experience life and our homes in new, simple and beautiful ways in 2009.



Live Well Daily

I read an article recently about an interviewer chiding writer Joan Didion for using her good silver at the dining table each day. She replied, "Why not? Everyday is all there is." Another of my favorite quotes is, "The journey is the reward." Since the journey is a series of "everyday" moments, why not make those moments beautiful?

Enjoy the good china for your morning tea. Cluster a grouping of your favorite vases and objects of art to greet you on the entry table when you return home from work. Pull out your favorite and treasured afghan or quilt that your grandmother made for you as a child and drape it across the back of your sofa for color and texture.

Be Inspired

William Morris, father of the Arts & Crafts movement famously said, "Have nothing in your home you do not find to be beautiful or useful." If you look around your house or apartment and realize you don't feel a connection to the things that surround you, it's time to donate and send them on to someone who will treasure them. One at a time, collect objects and items that nurture and inspire you.

Consider enlarging and framing your best scenic photographs from favorite vacations or local vistas — as daily reminders of the places and people that you enjoy most. Seek out local young artistic talents whose work you love — and in doing this you can find original art for a fraction of what you would often even pay for a print by an already well

known artist.

Every direction you gaze in your home, your eye should be able to rest upon an object, a color or an image that brings a smile to your face.

Entertain Often

A recent Harvard study expressed that those with good friends living within a twelve mile radius live longer and happier lives.

Foster those friendships with evenings shared at home. Make simple food and light lots of candles. Candles can hide a multitude of "sins" with their soft ambient light.

For simple and fresh ingredients, visit one of our local farmer's

markets for some seasonal produce. These visits are also a visual treat — with all the beautiful rows of colorful fruit and vegetables recently harvested right here in Southern California.

Or pull out and dust off those old board games. Along with a bottle of wine (or two) and a pizza — you can connect with friends in a way a group trip to the movies will never achieve.

Buy Local

Explore the local boutiques, flea markets and estate sales both when traveling and at home. Not only is the experience more fun than a visit to the mall or the big box stores, but you'll come home with more unique and personal finds.

Spending your money locally also helps the economy in your own back yard.

There are wonderful boutiques and one-of-a-kind stores here in Long Beach on Broadway, 4th Street and in Belmont Shore.

There is a local flea market the third Sunday of each month at Veteran's stadium. Visit early for the best selection. But, if you stay late you can sometimes get the best pricing because vendors don't want to have to repack and reload the unsold items into their trucks.

For estate sales, check out the local Pennysaver and the Grunion's classified section for listings.

I wish for you and yours a beautiful year in 2009. And remember to enjoy something wonderful on each of your "every-days."



Festival & Parade

Over the past several years, the Long Beach Lesbian & Gay Pride Festival Celebration has become the third largest in the nation, now attracting over 80,000 participants over the two-day celebration. The Festival Celebration includes seven large dance areas, including a main stage which has featured musical artists such as Grammy Award Winner Jennifer Hudson. This year is expected to be bigger than ever so get your tickets online now.

The Parade will be held on Sunday, May 17, 2009. Step off Begins at 10:30 AM On Ocean Blvd. from Temple to Alamitos Blvd.

More than 200 marching groups and floats have comprised the parade entries since 1995, representing various religious, human services, governmental and social organizations.

Pre-Pride Events

Pride Star! - Think you got what it takes to be the next singing sensation. Put your vocal chops to the test with our singing competition. The winner will have the opportunity to perform on stage at Pride.

Laugh Till You Tinkle - Laugh out loud with some of your favorite gay comedians at the Laugh Factory of Long Beach.



Sign up for our e-newsletter
LongBeachPride.com

La-Parolaccia
Osteria Italiana



Nicola & Stefano
Chefs ~ Owners
Now open for lunch
Saturday & Sunday
2945 East Broadway
Long Beach, California 90803
562.438.1235
www.LaParolacciaUSA.com

YOUR
Color Diva
COLOR CONSULTANT

Residential
Commercial
& Beyond

Want more color in
your life?
Too many paint choices?
We are here to help!

562.427.0440
YourColorDiva@aol.com
www.yourcolordiva.com

Shoshanah Siegel
Owner

We do staging, too!

COBB SALAD WITH BLUE CHEESE DRESSING

Just like some of the homes in Bluff Heights, the Cobb Salad originated in the 1930's. In fact, the Brown Derby restaurant in Los Angeles was its origin. Refreshing yet satisfying, it's been a lunchtime staple ever since.

For extra flavor, make and add the following creamy blue cheese dressing.

The following recipe serves two and comes courtesy of Barbara Adams.

Ingredients

- 1 recipe Blue Cheese Dressing (see below)
- 1 large chicken breast, grilled
- 3 cups romaine lettuce, coarsely chopped
- ½ cup crumbled blue cheese
- 1 Haas avocado, sliced
- 4 strips bacon, fried and crumbled
- 1 cup watercress leaves
- 1 tomato, seeded and chopped
- 2 hard-cooked eggs, sliced
- 1 tablespoon minced scallions

Directions

1. Cut the grilled, skinned, and boned chicken breast into bite-size pieces.
2. Divide the lettuce evenly between two large plates.
3. Arrange the blue cheese, avocados, bacon, watercress, chicken, tomatoes, eggs and scallions decoratively in strips over the lettuce.
4. Pour the dressing over, or serve on the side.

Blue Cheese Dressing

Thick and creamy with wonderful bursts of blue cheese flavor. This is great on cold, crisp lettuce with freshly ground pepper—anything else just makes the salad better.



Ingredients

- ½ cup blue cheese, crumbled*
- ¼ cup mayonnaise
- ½ cup sour cream
- 1 tablespoon Champagne vinegar
- 1/8 teaspoon freshly ground black pepper
- * Use supermarket blue cheese and save the expensive blue for another time.

Directions

1. Combine ¼ cup of the blue cheese, the mayonnaise, sour cream, vinegar, and pepper in a medium bowl and mix until smooth.
2. Add the remaining blue cheese and stir lightly producing a chunky texture.
3. Chill for several hours to develop the flavor. Makes 1 cup.

Historically Accurate

Custom Doors
Wood Windows
Period Lighting
Decorative
Hardware

Call Today!

Sales & Installation
Lic: B893650

B & B HARDWARE

HISTORICAL PLAQUES NOW AVAILABLE
387 Redondo Ave. 562-438-2669
BnBHardware.com

Sign up for our e-newsletter
longBeachPride.com

Your Rights
Our Rights
Human Rights

**long Beach lesbian & Gay
Pride Celebration**

May 16 & 17, 2009



RESTORATION PRESERVATION

Decorative Hardware: Jewelry for Your Home

By Catherine Morley

Years ago when I was restoring my home, a 1914 Transitional Bungalow, I came across, tucked up in the attic, a box of vintage doorknobs, hinges and window screen latches.



What a treasure trove. I was ecstatic. It was as if I had found a pot of gold. In fact, that is exactly what I had found. Although I was a novice at restoration, I

instinctively knew that these were original to my home and needed to be installed back to the doors and windows where they had come.

They were covered with layers of old paint, but after a bath in stripping fluid and a good scrubbing with steel wool, they gleamed with a lovely patina. Off came the "new" doorknobs, hinges and window latches and back on went the wonderful old original hardware.

Thirty years ago, when I began my home restoration process, there were not the resources we have today. There was no Crown Hardware, Liz's Antique Hardware, or our local B & B Hardware.

Salvage yards are another source for replacement hardware.



Over the years, I have gradually replaced the remaining non-original hardware with either vintage or era appropriate reproductions.

Decorative hardware has function and form. As it is an integral part of our lives it sometimes can be taken for granted. But the statement the right type of doorknob or cabinet latch can make to complete or accent a room is the icing on the cake.

Although most of the homes in the Bluff Heights neighborhood are of the Craftsman/Arts and Crafts style, we do have many Spanish

Colonial Revivals and a smattering of Victorian.

Victorian homes built between 1880 and 1915 would have hardware with lavish and complicated swirling floral patterns. This was



at the peak of the Industrial Revolution.

The Eastlake style became popular within the Victorian period of time (1865-1890) as well.

Highly influenced by the Industrial Revolution, Eastlake style hardware is very elaborate, geometric and stylized with nature themes.



Craftsman Bungalows gained popularity in the late 1800s and peaked in the early 1920s. The hardware used would be of the Arts and Crafts style, which was initially a philosophy against the excesses of the Industrial Revolution, not a



style. It is simple, functional and handmade, usually of copper or brass. It fulfills one of the movement's mantras: Have nothing in your home which you

do not believe to be beautiful or is useful. It is both.

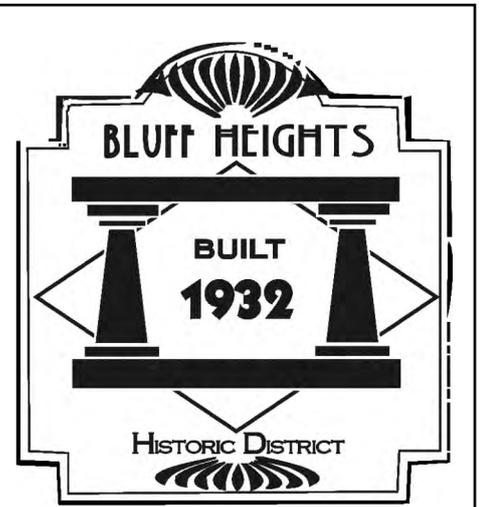
Our Spanish Revival homes built between 1895 and 1945 would have revival style hardware invoking themes from the past. These would be rustic, quaint, old world and romantic.

Although we do not have homes in the Art Deco style of architecture within our neighborhood, homes built between 1925 and 1940 can have interior influences of the Art Deco style. This style utilized elaborate geometric motifs made of chrome plated steel or brass, as well plastic and bakelite.

Often homes can have transitional influences as they encompass characteristics incorporating a period reaching the end of popularity and branching into a new popular style.

In any case, whatever period or style a home represents, it is well worth the time and effort to research the correct type of hardware to complement your home décor.

Like a lovely woman beautifully dressed, the right piece of jewelry makes a subtle but complete statement — so does the right hardware complete your home.



HISTORIC PLAQUES FOR THE BLUFF HEIGHTS NEIGHBORHOOD

We are excited to present our new neighborhood historic plaques. You can use the order form in the newsletter or go directly to B & B Hardware on Redondo Ave. to see a sample and place your order. Each individual plaque will recognize the date the home was constructed and that it is located in an historic district. They are constructed of rust free aluminum and have a weather resistant finish of black and bronze. A sample of the plaque will be at our April Neighborhood Forum.



KafeNeo
American Kitchen with Greek Soul

- BREAKFAST
- LUNCH
- DINNER
- COFFEE BAR

Now serving select wines & beers

A neighborhood café in Bluff Heights serving Greek Cuisine along with American Classics.

Casual, Modern Dining.
Fresh, Healthy & So Good.

Come see what the neighborhood is talking about!





CORNER OF 4TH & TEMPLE
562.987.1210
KAFENEOLB.COM

got real estate?



Michael Barber

**Long Beach
and
Palm Springs
Area Specialist**



562.659.3057

760.285.9899

website4realestate.net

michaelbarber10@aol.com

CALENDAR OF EVENTS

April 18-19 Toyota Grand Prix of Long Beach. Visit www.gplb.com for more information.

April 26 1-2 pm. Sunday Design Salon: Creating a Color Scheme for the Interior of your Home, Sasha's – Living with Style, 3237 East Broadway. Interior designer Sasha Witte will present tips and resources for pulling together a color scheme for the interior of your home. The one-hour presentation will include time for questions and answers. \$20 to attend. Visit www.SashaWitteDesign.com for more information. RSVP to (562) 987-3784.

May 2 11 am - 6 pm. Jewelry Event. Stores and boutiques east and west of Redondo Blvd. on Broadway will be featuring local jewelry artists and their work, as well as offering light refreshments for shoppers. Timing is

meant to coincide with those looking for special and unique Mother's Day gifts. Participating shops include Babcock & Cooke, The Kids Are Alright, Iguana, and Sasha's – Living with Style.

June 21 2 - 6 pm. Wild Oats Community Garden Summer Solstice Fair, featuring food, music, activities, and arts and crafts.

Mark your calendars for upcoming BHNA Neighborhood Forums!

- April 25
- July 4th - Block Party!!
- October 15

Do you know of special events happening locally in July, August or September? Submit events for our next quarterly magazine by May 1.

E-mail event info to:
MyVoice@bluffheights.org

Recession and Crime

A quick look at a concerning trend.

By Pete Ellis

According to the U.S. Department of Justice, crime and the state of the economy are closely related. A quick look at this inverse relationship of increasing crime rates in times of economic fragility relays a concerning relationship. As individuals fall on hard times and legitimate means of earning an income become scarce, many turn to illegal means of getting by.

The City of Long Beach has posted month by month crime statistics by neighborhood on their website. A quick review of these statistics reveals a slight rise in the past few months in auto burglaries and home invasions.

Although our neighborhood has proven to be a safe area, the current economic downturn has the potential to open doors to unwanted vulnerability.

As spring blooms around the corner and many of us return to a more active outdoor lifestyle around the neighborhood, we can all help to protect ourselves and our neighbors. Take note of suspicious activity and pass it along to neighbors and/or the proper

authorities.

Remembering to remove tempting items from plain sight can help warn off an easy snatch and grab for criminals. As the popularity of windshield and dash mounted GPS units continue to rise, simply removing them from their perch can keep tempted and unwanted visitors at bay. Cell phones and other accessories left to charge in the car can be an easy target for crooks.

Locking our homes while at work and keeping an open line of communication with neighbors are all tips to keeping our neighborhood safe. By protecting ourselves and working together, we can all help keep our neighborhood safe during these delicate economic conditions.

Are you curious about more City of Long Beach crime tips and statistics? The city of Long Beach has posted a page on their website with an up to date crime map by neighborhood and crime prevention checklist.

This and much more helpful information can be found on the City of Long Beach's website at www.longbeach.gov/police/.

Receipt for Bluff Heights Historic District
Plaque Order



Date Purchased: _____

Amount \$ _____

Payment Method:

Check # _____

or

Credit Card Used: _____

(Visa or MC - last 4 digits)

Plaque Size: 10.75 x 11.75

Color: Black with gold letters

PICK UP FROM:

B & B Hardware

387 Redondo Ave., Long Beach, 90814

562-438-2669

Keep top portion for your records

BLUFF HEIGHTS HISTORIC DISTRICT PLAQUE ORDER FORM

Name: _____

Address: _____

Phone number: _____

E-mail address: _____

PAYMENT INFORMATION

Cost of Plaque: \$177.38 (includes tax & shipping)

Check made payable to: B & B Hardware

Credit Card payment available thru B&B: G Visa G MasterCard

Card Number: _____ Expiration: _____

PLAQUE INFORMATION

Date House was Built: _____

Plaque Size: 10.75 x 11.75

Color: Black with gold letters

 **doma**SM



Steven Nottingham

office 562.481.3865
cell 562.754.1333

Work with an agent who truly cares about his client's well being.

Call Today For A Home Valuation!

sjnottingham@domaproperties.com
www.domaproperties.com

IMMANUEL

A Center for Conscious Living

**New Thought - Ancient Wisdom
in Long Beach**

Rev. Dr. Jane S. Galloway, Spiritual Director

**Sunday ~ 10:30 am Meditation
11:00 am Celebration Service**



3215 E. 3rd Street, Long Beach, CA 90814
(enter on Obispo)
562-438-2931 ~ www.icclb.org

 **JEFFANDERSON**
REALTOR

- Customized Home Marketing
- Customized Home Search
- Free Home Market Analysis

o: (562) 430.2121
c: (562) 533.4922

JEFFANDERSONREALTOR.COM

 BEACHSIDE



Going out of town?

CALL PET/HOUSE SITTING BY SUZI

- All pets
 - In your home
 - Dog walking
 - Feeding & Medications
 - Plants, Mail etc.
- Overnight (\$35) Daily visits (\$15)
Cell 562.818.8012

"All they need is love"



**YOU ARE ONLY ONE CLICK AWAY
FROM VIEWING THOUSANDS OF HOMES FOR SALE!**

www.LongBeachHomeBuyersGuide.com

I'm your neighbor at 302 Orizaba Ave.

Mike W. Norton

562-577-5021



 **BUNGALOW KEY** 



INTERIOR-EXTERIOR DESIGN & CONSULTATION
KEVIN DOHERTY 562-434-1942

**mamelli Professional
Painting & Building Contractors**

General Building Repair and Maintenance
35 Years of Historical Restorations
Skilled Tradesmen- Superior Workmanship

Randy Mamelli

State Lic. B-1 & C-33 301965
E-mail: mamellipainting@verizon.net

Office/Fax: 562 433-5896

Cell: 562 706-0844

BE PART OF THE "WE"

We are Bluff Heights! The Bluff Heights Neighborhood Association is a Long Beach neighborhood association that was formed years ago by a group of concerned property owners and renters who wished to play a vital role in their unique and changing neighborhood. This dedication was rewarded when Bluff Heights received its designation as an Historic District by the City of Long Beach.

We Are Neighborhood! Located between the boundaries of Redondo Ave., Junipero Ave., Broadway and Fourth Street, with the exception of Carroll Park and Lowena Drive, we are a neighborhood of diversity. From our distinct architecture to our charming Mann Elementary School, Bluff Heights Neighborhood Association (BHNA) is committed to the beautification and preservation of our community. BHNA offers information and guidance to its residents via its Website and live quarterly Neighborhood Forums. We also sponsor a yearly "Fourth of July" Block Party, an event not to be missed!

We Are People! The members of the Bluff Heights Neighborhood Association care passionately about their community and those who comprise it. The Bluff Heights Neighborhood Association is 100% volunteer managed and run. All monies raised by the Association are invested in the neighborhood. Anyone who shares the Association's goals is invited to join.

We Are Businesses! We are growing by attracting a varied and cultured group of businesses. Our neighborhood is home to many small and unique retail shops as well as spa/salons, fabulous restaurants, coffee shops and even an Irish-style pub. Business Members are needed to help advance our Association's projects and contribute immeasurably to the quality of life in Bluff Heights.

Join Us! The Bluff Heights Neighborhood Association invites to join any individual or business that shares our mission to promote our vibrant neighborhood. Use the Membership Application below, or visit our website — www.bluffheights.org — and join there.

MEMBERSHIP APPLICATION

Joining or renewing with the Bluff Heights Neighborhood Association brings you the following benefits:

- Your dues go to neighborhood beautification and improvements
- Access to resources and educational opportunities
- Your voice is heard by the BHNA
- Involvement in your community through volunteer and leadership opportunities
- Supporting local businesses through your involvement
- Voting rights in BHNA Elections



Name(s): _____

Address: _____ Zip: _____

Phone: _____ Cell Phone: _____

RENEWAL or NEW MEMBER

The most efficient way to get information to you is through e-mail.
Please provide your current e-mail address:

Email: _____

Please check the committee(s) you would be interested in joining:

- Membership and Recruitment
- Nominations Committee
- Community Outreach
- Public Affairs
- Historic Preservation/Beautification
- Traffic/Streets/Safety
- 4th of July Block Party
- Newsletter/Web Production
- Horace Mann School Projects
- General Meeting Planning
- Other

May we give you a call or e-mail if we need volunteer help? Yes

Please send a check for \$25 to: BHNA
375 Redondo Ave., Box #299, Long Beach, CA 90814

**OR renew online through Paypal at
www.bluffheights.org**



BLUFF HEIGHTS NEIGHBORHOOD ASSOCIATION
375 Redondo Avenue #299
Long Beach, CA 90814

NONPROFIT ORG
U.S. POSTAGE
PAID
LONG BEACH, CA
PERMIT NO. 1688

IN YOUR NEIGHBORHOOD

Do you know of someone or something extraordinary in our neighborhood?
We invite your submissions! Send pictures and a brief description to myvoice@bluffheights.org
no later than May 1, 2009 to have them considered for our next newsletter!



This bunny rabbit resides on a small piece of front yard located on 3rd Street in Bluff Heights. As you can see, everything grows bigger and better here. Hope that applies to the chocolate Easter eggs as well!



If Mardi Gras took place on Wisconsin Ave. in Bluff Heights, this home's balcony would be a prime bead-throwing location! Unfortunately, the only action taking

place below is dog walking, and you know what follows that...

Bluff Heights Neighborhood News is a quarterly publication of the Bluff Heights Neighborhood Association. All residents are invited to contribute articles and opinions. We reserve the right to edit for clarity and brevity. Opinions expressed are not necessarily shared by all residents, nor the editor. Our goal is to provide a voice to our community, keeping residents informed of issues affecting the quality of life in Bluff Heights.